

ADAIR COUNTY EXTENSION HOMEMAKERS

January 2025



Coins for Change Program



The Coffee Bar at the Holiday Bazaar



Sano Stars Holiday Party

The January 2025 Homemakers Newsletter is packed with important updates, exciting events, and helpful information to kick off the new year. One of the featured highlights is the Cultural Arts Competition, which encourages members to showcase their creativity and skills. Members are reminded to start preparing their entries, as this annual competition is an excellent opportunity to celebrate the rich talents within the Homemaker community. The newsletter includes detailed guidelines on how to participate, as well as a list of categories to ensure everyone has a chance to shine.

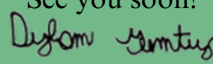
Thanks to the generosity of our members, \$100 was raised to support the Kentucky Academy in Ghana. This ongoing initiative continues to make a tangible difference, with funds going toward improvements like enhanced ceilings and ventilation at the kindergarten. Members are encouraged to keep supporting this impactful program, showing how small contributions can lead to meaningful change.

Looking forward, the newsletter announces the much-anticipated Game Day, a fun-filled event designed to bring members together for games, laughter, and camaraderie. It's a wonderful way to relax after the busy holiday season while strengthening the bonds that make the Homemaker community so special. Details about the date and time are included to help everyone plan to attend.

The newsletter also provides a reminder about the office closure during the holiday weekend, encouraging members to plan ahead for any needs or activities. January sets the stage for a fulfilling and productive 2025!

Calendar of Events

Town and Country Club - Jan. 6th
 Green River Club - Jan. 8th
 Bliss & Happy Club - Jan. 9th
 Joyful Hearts Quilt Guild - Jan. 13th
 Sano Stars - Jan. 14th
 Game Day & Council Meeting - Jan. 21st

See you soon!

 Dylan Gentry
 County Extension Agent
 for Family & Consumer Sciences



Adair County Cooperative Extension Service



Adairces



adair.ca.uky.edu



Disabilities accommodated with prior notification.

Upcoming Office Closures

Closure Information:

December 24th - January 2nd
& January 20th



The Adair County Extension Office will be closed December 24th at Noon until January 2nd at 8AM. During our closure we wish you and your family a prosperous 2025. Additionally, we will be closed for Martin Luther King Day on January 20th. During these closures we encourage everyone to plan their entries for the Cultural Arts Competition.



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Homemakers Game Day

JANUARY 21ST AT NOON

When? Tuesday, January 21st at Noon CST

Where? Extension Office

Who? Open to everyone

Cost? FREE

Teacher: Dylan Gentry

Description: Join the Homemakers for a no-stress afternoon of board/card games. The homemakers will have a variety of games to choose from, but encourage you to bring your favorite. Play the games with us or bring a friend. Light refreshments will be provided. No RSVP Required.



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CULTURAL ARTS COMPETITION



LOCATION:

409 Fairground St.
Columbia, KY 42728

MARK YOUR CALENDAR

- Feb. 26th, Entry Day & Judging
- Feb. 27th, Viewing & Pickup Day
- March 11th, Area Competition
- May 6th, State Competition

Entry Categories &
State Guidelines

Adair.ca.uky.edu

County Competition

Important Dates

Entry Day - Feb. 26th

- Volunteers arrive @ 9AM
- Entries arrive 10 - 12:30
- Judging begins @ 2:30PM

Public Viewing - Feb. 27th

- Public viewing 10 - 11AM
- Pickup 11 - 12 & 1 - 3:00PM
- Office closed for lunch 12 - 1

Area Comp. Mar. 6th

- Items that receive 1st place in the county will continue on to area competition
- Participants will be notified on pick-up day if their items qualify for area competition as well as transportation arrangements.

State Comp. May 6th

- State Competition will take place at the Hyatt Regency in Lexington. More details to come.

County Guidelines

1. The competition is free, but competitors must be Adair County Homemaker Members. The fee to join Homemakers is \$12 and can be paid at the extension office.
2. Judging will begin at 2:30 on Feb. 26th, during which time no persons other than the judges and approved volunteers shall be present.
3. All Cultural Arts Exhibits not advancing to the area competition must be removed by 4:30 CST on February 28th, 2025. Remaining items will be discarded.
4. Ribbons will be awarded to 1st place winners, however, there are no monetary prizes available.
5. A digital check-in system will be used to register items. Participants will choose the appropriate category for their items on entry day.
6. The Extension Homemakers, the Extension Office, and their representatives assume no responsibility for damage, loss, or theft of any entries submitted for the competition. Participants are advised not to submit items of significant monetary or sentimental value. Furthermore, participants are encouraged to clearly label each submitted item with their name for identification purposes.
7. These guidelines are in addition to the state Cultural Arts Guidelines on Handbook Page 43.

First & Last Name: _____

Phone Number: _____

I agree to follow the competition rules:

Signature



2024-2025 CULTURAL ARTS EXHIBIT CATEGORIES

Categories and Subcategories

1. SEWING (Apparel & Home Decor)

- a. Basic Garment APPAREL
- b. Specialty¹ Garment APPAREL
- c. Accessory APPAREL
- d. Basic HOME DECOR
- e. Specialty¹ HOME DÉCOR

¹ b. and e. "Specialty" may include *appliqued and quilted*.

2. ART, 3-Dimensional

- a. Carving
- b. Sculpture

3. ART, NATURAL

- a. Wood
- b. Other

4. ART, RECYCLED (Include a before picture)

- a. Clothing
- b. Household
- c. Other

5. BASKETRY

- a. Cane
- b. Dyed Material
- c. Miniature (under 4 inch)
- d. Novelty
- e. Plain

6. BEADING

- a. Bead Weaving
- b. Non-jewelry Item/Wearable
- c. Miscellaneous

7. CERAMICS

- a. Hand-formed
- b. Molded
- c. Pre-made

8. COUNTED CROSS STITCH

- a. 14 Count & Under
- b. 16-22 Count
- c. Specialty Cloth (linens, etc.)

9. CROCHET

- a. Accessories
- b. Fashion
- c. Home Décor and Afghans
- d. Thread

10. DOLL/TOY MAKING

- a. Cloth
- b. Handmade Toy other than Porcelain/China or Cloth
- c. Porcelain/China

11. DRAWING

- a. Pastels
- b. Pen and Ink
- c. Pen and Ink with Oil Roughing
- d. Pencil or Charcoal-Black
- e. Pencil-Color

12. EMBROIDERY

- a. Basic
- b. Candle Wicking
- c. Crewel
- d. Machine
- e. Ribbon
- f. Smocking
- g. Swedish
- h. Tatting/Lace Making
- i. Chicken Scratch
- j. Punch Needle (under 60" perimeter)
- k. Miscellaneous

13. FELTING*

- a. Needle Method
- b. Wet Method

14. HOLIDAY DECORATIONS

- a. Autumn
- b. Spring
- c. Summer
- d. Winter

2024-2025 CULTURAL ARTS EXHIBIT CATEGORIES (continued)

15. JEWELRY

- a. Beaded
- b. Mixed Media (wire, chain maille, mixed with beads)
- c. Original Design

16. KNITTING (HAND – with knitting needles)

- a. Accessories
- b. Fashion
- c. Home Décor and Afghans

17. KNITTING (OTHER – machine / loom)

18. NEEDLEPOINT

- a. Cloth Canvas
- b. Plastic

19. PAINTING, ART

- a. Acrylic
- b. Oil
- c. Watercolor

20. PAINTING, DECORATIVE

- a. Metal
- b. Wood
- c. Other

21. PHOTOGRAPHY (mounted or framed) **

- a. Black & White
- b. Color

22. QUILTS***

- a. Baby-size or Lap-size (hand quilted)
- b. Baby-size or Lap-size (machine quilted)
- c. Hand Appliqué (hand quilted)
- d. Hand Pieced (hand quilted)
- e. Machine Appliqué (machine quilted)

22. QUILTS*** (continued)

- f. Machine Pieced (hand quilted)
- g. Machine Pieced (machine quilted)
- h. Novelty (stenciled, embroidered, miniature, etc.) (hand quilted)
- i. Novelty (stenciled, embroidered, miniature, etc.) (machine quilted)
- j. Technology Based (hand or machine quilted)
- k. Miscellaneous (hand or machine quilted)

23. PAPER CRAFTING

- a. Card Making
- b. Origami
- c. Quilling
- d. Scrapbooking****

24. RUG MAKING

- a. Braided
- b. Hooked
- c. Punch Needle, rug (over 60" perimeter)
- d. Woven

25. WALL or DOOR HANGING

- a. Fabric
- b. Other
- c. Diamond Art Mosaic

26. WEAVING

- a. Hand (macrame, caning)
- b. Loom (includes pin weaving)

27. MISCELLANEOUS (Items not included in other categories listed, otherwise they will be disqualified.)

* All felted items should be entered in the Felting category under one of the subcategories. Items that have been knitted or crocheted and wet felted should not be entered in Knitting or Crochet.

** Photographs should be either mounted and/or in a frame – MATTING and/or GLASS is OPTIONAL

***Quilts must be completely done by the KEHA member exhibitor. This includes quilting.

**** Scrapbooking entries are limited to 1 or 2 pages. If the entire scrapbook is sent, please designate pages to be judged.

CULTURAL ARTS EXHIBIT

CULTURAL ARTS EXHIBIT RULES

All Extension Homemakers are encouraged to submit “original” items for competition in state exhibits.

Each article must be the work of an Extension Homemaker member and must have been completed during the past 2 years.

BLUE Ribbon and PURPLE Ribbon winners from previous years in each category or subcategory are not eligible for entry in another KEHA cultural arts contest.

Areas may exhibit one item from each category and/or subcategory (maximum number is 94 for 2023-2024).

Identification of item should be on tag provided by state and attached to exhibit.

The exhibitor and/or their representative is responsible for transporting exhibits to and from the state meeting.

Should a KEHA member who is in good standing happen to pass away before a qualified entry can advance to the next level of judging (county to area, area to state), the deceased member’s entry will remain eligible, and the club/county will have the option to enter it at the next level.

Each exhibitor must provide their own materials to properly display their item. Tape and nails cannot be used on the walls. If items are best displayed vertically, please provide an easel or means of hanging exhibit from the wall. **All items used for display should be labeled with exhibitor name.**

Entries will be exhibited by category. Entries will be judged by subcategory when indicated. **Exhibitor is responsible for category/subcategory determination.**

Extreme care should be taken at the county and area level to place entries in the correct category. Entries entered in the wrong category will be moved to the correct category, if possible. Entries entered in the wrong category, where there is no correct category available or where there is already another entry, will be disqualified.

Blue ribbons are awarded for high quality work, the number depending on the quality of the entries. A championship purple ribbon is awarded to best of the blue ribbon entries in each category.

All exhibits must remain displayed throughout the duration of the Cultural Arts Exhibit. In the case of an emergency, items may be removed only on approval of the state Cultural Arts Chairman.

Neither the Kentucky Extension Homemakers Association nor the University of Kentucky will be responsible for any lost, misplaced or broken items. We do not anticipate any misfortune, but this disclaimer must be clearly understood by all exhibitors. Please label any easels, picture stands, hangers, or other display equipment.

The exhibits will be hosted at all times the exhibit is open. Additional security will be provided when necessary.

If categories are to be eliminated, there will be a one-year notice.

Happy New Year



Potato Broccoli Soup

4 cups cubed potatoes
2 heads broccoli,
(3-4 cups florets)
2 tablespoons olive oil
¼ cup all-purpose flour
⅓ cup melted butter

3 cups 2% milk
¼ teaspoon salt
½ teaspoon pepper
5 ounces cheddar
cheese, reduced-fat,
shredded

2 green onions, finely
minced, divided
½ cup reduced-fat
sour cream
¼ cup bacon bits
(optional)

Preheat oven to 375 degrees F. **Place** potatoes in large saucepan, **cover** with water and bring to a boil. **Reduce** heat and **cook** potatoes until tender, about 15 minutes. **Cut** broccoli heads into small florets and **place** on baking tray. **Drizzle** with olive oil and **roast** for 15 minutes. **Drain** cooked potatoes in a colander. In the saucepan, **combine** the flour and melted butter; **cook** on medium heat for 1 minute. Slowly **add** milk to the mixture, stirring constantly until thickened. Soup can be thinned by adding an additional

½ cup of milk or water, if desired. **Add** the potatoes, broccoli, salt, pepper, cheese, half of the green onions and bacon bits. **Cook** on low until heated. A few minutes before serving, **add** the sour cream and **stir** to combine. **Serve** topped with remaining onions.

Yield: 6, 1¼ cup servings

Nutritional Analysis: 390 calories, 24 g fat, 13 g saturated fat, 60 mg cholesterol, 370 mg sodium, 30 g carbohydrate, 3 g fiber, 9 g sugars, 15 g protein.

Homemakers Coins for Change Program

The Adair County Homemakers proudly raised \$100 for the Coins for Change program during our December social. This initiative collects spare change to support the Kentucky Academy, a kindergarten in the village of Adjeikrom, Ghana, West Africa. Organized by the State Homemakers, this annual program gathers contributions from county Homemaker groups. These efforts have recently funded critical improvements at the school, such as enhanced ceilings and ventilation.

